

Easy home changes that support better Alzheimer's care



Keep pathways clear

01

Remove clutter, loose rugs, and obstacles to prevent falls and reduce confusion.



Use simple labels

02

Place labels or pictures on doors, drawers, and cabinets to make everyday tasks easier.



Improve lighting

03

Bright, even lighting helps reduce shadows and makes the home feel safer and more predictable.



Create calm spaces

04

Set up a quiet corner with familiar items to reduce stress and support relaxation.



Simplify daily routines

05

Use consistent schedules, easy-to-reach items, and visual reminders to help with independence.